	Intent	Implementation	Impact
P.E.	Develop competence to excel in a broad range of physical activities Are physically active for sustained periods of time Engage in competitive sports and activities • Lead healthy, active lives	The EYFS curriculum includes rich opportunities for pupils' all-round development, enabling them to pursue happy, healthy, and active lives. Within the Foundation Stage, development of gross and fine motor skills are planned for through indoor and outdoor experiences. During PE lessons, gymnastics, dance and games will be taught to develop their core strength, stability, balance, spatial awareness, coordination and agility. As pupils move through Key Stage 1, they develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They engage in competitive (both against self and against others) and cooperative physical activities, in a range of increasingly challenging situations. Planned lessons for the declarative and procedural knowledge in gymnastics, dance, multiskills, athletics, and orienteering are taught. In Key Stage 2, pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They communicate, collaborate, and compete in all eight areas of the PE curriculum. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Sports taught in each year group within KS2 are netball/basketball, football, hockey, athletics, and gymnastics. Other sports taught throughout	 Pupils understand the importance and positive benefits of being physically active Pupils engage in regular physical activity Physical activity is high profile across the school Pupils know what safe and effective movement looks like in specific activities and perform them Pupils know the rules, strategies and tactics in specific activities and can apply them Pupils work as part of a team to achieve a goal Pupils have a positive attitude towards competition Teachers are confident and knowledgeable about PE.

KS2 are rounders, tennis, orienteering, dance, cricket, dodgeball, tag rugby and inclusive sports. All KS2 pupils swim for at least six weeks, where the aim is for all pupils to
swim competently, confidently, and proficiently over a distance of at least 25 metres using a range of strokes.